

DESSERT

Minimum 10 guests/price per person

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| • Cupcake Tray | \$3.95 |
| • Chocolate Chip Cookies | \$3.95 |
| • Raisin Oatmeal Cookies | \$3.95 |
| • Chocolate Covered with Strawberries,
Covered with Belgium Chocolate(3 for each Guest) | \$3.75 |
| • Cakes & Pies | \$5.95 |
| • Assorted Sliced Cakes | \$4.95 |



Salads

Minimum 10 Guests/ Price per Person

Green Salad **\$4.00**

Mixed Greens, Tomato, Cucumber, Carrot, Onion, Sprouts

Greek Salad **\$6.00**

Romaine Lettuce, Tomato Black Olives, Onion, Feta Cheese
Stuffed Vine Leaf with Rice

Nicoise Salad **\$6.00**

Mixed Greens, Tuna, Tomato, Onion, Boiled, Egg,
Thousand Island Dressing

Chicken Caesar Salad **\$6.50**

Romaine Lettuce, Sun-dried Tomatoes, Parmesan Cheese,
Croutons, Grilled Chicken & Caesar Dressing

Chef Salad **\$7.50**

Romaine Lettuce, Tomato, Onions, Ham, American Cheese,
Swiss Cheese, Turkey, Roast Beef

House Salad **\$6.50**

Turkey, Crispy Bacon, Spinach, Romaine Lettuce, Mushrooms
Cherry Tomatoes, Cucumbers, Egg Whites & Fresh Mixed
Balsamic Basil Vinegar

Spreads & Salad Selection

Tuna Salad

Low Fat Tuna Salad

Spicy Tuna Salad

Walnut Chicken Salad

Egg Salad

Egg White Salad

Avocado Salad

Chicken Salad

Shrimp Salad

Lunch

Bagel Talk Panini

\$9.00

Grilled Hot Panini on a European Flat Bread
with Choice of

Two Side Salads: Potato Salad, Macaroni Salad,
Israeli Salad, Cole Slaw

Panini Selection:

Tuna Melt - Fresh Tuna Salad Cheddar Cheese, Lettuce
& Tomato

Chicken Parmigiana - Chicken Cutlet, Mozzarella Cheese
& Marinara Sauce

Chicken Fajita - Grilled Chicken, Cheddar Cheese,
Roasted Red Peppers, Onions & Salsa

Chicken Club - Grilled Chicken, Smoked Bacon,
Mozzarella Cheese, Tomato & Honey Mustard

Turkey & Swiss - Fresh Turkey, Swiss, Lettuce & Tomato

Kansas Panini - Roast Beef, Cheddar Cheese, Lettuce,
Onions, Russian Dressing

Italian - Grilled Chicken, Pesto Sauce & Fresh Mozzarella

Vegetarian Special

Vegetarian Sandwiches or Wraps -

Served with a Choice of Two Our Side Salads -
Potato Salad, Macaroni Salad, Israeli Salad, Coleslaw

Spread & Salad Sandwiches -

Fresh Home Made Spreads & Salads on a Sandwich
Served with a Choice of Two of Our Side Salads
Potato Salad, Macaroni Salad, Israeli Salad, Coleslaw

Lunch

Cold Cuts Sandwiches

Wraps / Gluten-free Warps **\$10.00**

(Sandwiches Are Arranged Bountifully on a Platter and Served with: Potato Salad, Macaroni Salad & Pickles on the Side)

Bread Selection: Bagels / Wraps/ Breads / Rolls

Meat Selection: Fresh Turkey / Honey Turkey / Pepper Turkey/
Smoked Turkey / Roast Beef / Pastrami / Ham / Salami
Grilled Chicken/ Chicken Cutlet

Cheese Selection: American / Muenster/ Provolone /
Swiss / Cheddar

Vegetable Selection: Tomatoes, Lettuce / Cucumber, Olives

Dressing Selection: Mayo, Mustard, Italian, Balsamic,
Vinaigrette, Russian

Wrap Selection **\$10.00**

(Gluten Free Wrap Available)

Chicken Cesar Wrap - Grilled Chicken, Parmesan Cheese,
Croutons, Lettuce & Caesar Dressing

Crispy Chicken BLT - Crispy Chicken, Bacon, Lettuce, Tomato,
Cheddar Cheese & Ranch Dressing

Roasted Turkey: Roasted Turkey, Swiss Cheese, Lettuce, Tomato,
Mayo

Vegetarian Wrap - Avocado, Cheddar Cheese, Sprouts,
Cucumbers, Lettuce, Tomato & Mayo

Grilled Vegetable Wrap - with Fresh Mozzarella,
Sun-dried Tomatoes, Fresh Basil & Basil Vinaigrette

Mexican Wrap - Spicy Grilled Chicken, Grilled Vegetables,
Salsa & Avocado

Classic Wrap - Grilled Chicken, Bacon, American Cheese,
Lettuce, Tomato, Ranch Dressing

Tuna or Chicken Salad - American Cheese, Lettuce, Tomato
& Roasted Peppers

French Wrap - Smoked Turkey, Brie Cheese, Lettuce & Tomato

California - Grilled Chicken, Roasted Red Peppers, Avocado,
Tomato & Ranch Dressing

Catering Platters

Minimum 10 Guests/ Price per Person

Smoked Fish Platter

\$18.00

Choose 3: Nova, Sable, White Fish, Sturgeon
with Cream Cheese, Capers, tomato, Onions
& Assorted Bagels

Spreads & Salads

\$10.00

Choose 3: Tuna Salad, Egg Salad, Egg White Salad,
Chicken Salad, Avocado Salad, White Fish Salad

Assorted Bagels, Greek Olives, Lettuce, Tomato & Onion



Cold Cuts Platter

\$10.00

Choose 3 : Turkey, Roast Beef, Pastrami, Ham, Salami
with Two Side of Salads, Pickles, Greek Olives
& Assorted Bagels

Assorted Cheese Platter

\$7.95

Choose 4: Mozzarella, Feta, Goat, American, Swiss
Muenster, Brie, Assorted Bagels

BREAKFAST

All Prices are Per Person (Minimum order 10 people)

Bagel Talk Traditional Breakfast \$7.25 a Person

- Assorted Fresh Bagels
- Assorted Cream Cheese & Butter Platter
- Assorted Pastries: Muffins, Danish, Croissant
- Fresh Berries
- Coffee / Tea
- Orange Juice

Bagel Talk Classic Breakfast \$6.25 a Person

- Assorted Fresh Bagels
- Assorted Cream Cheese & Butter Platter
- Fresh Berries
- Coffee / Tea
- Orange Juice

Gluten-Free Bagel Available

Bagel & Coffee Breakfast \$4.95 a Person

- Assorted Fresh Bagels
- Assorted Cream Cheese & Butter Platter
- Coffee / Tea

Gluten-Free Bagel Available

Continental Breakfast \$5.95 a Person

- Assorted pastries: Muffins, Danish, Croissant
- Fresh Berries
- Coffee / Tea
- Orange Juice

Hot Breakfast \$8.50 a Person

- Scrambled Eggs
- Bacon / Ham / Sausage / Turkey Bacon (Choose 2)
- Pancake / Waffles / French Toast (Choose 2)
- Assorted Fresh bagels
- Assorted Cream Cheese & Butter Platter

Breakfast Addings Options Per Person

Home Fries \$2.00

Oatmeal with Granola & Raisins \$2.50

Coffee & Tea \$1.50

Fresh Cut Season Fruits Platter \$3.95

Yogurt Parfait with Granola / Honey & Fresh Berries \$2.95

Fresh Squeezed Orange / Grapefruit Juice \$2.75

Assorted Cereal with Milk & Fresh Berries \$2.95

Scrambled Eggs \$2.50



Bagel Talk

Bagels, Flagels & Nova

ALL BAKING DONE ON PREMISES

Spreads, salads, fine smoked Fish,
Deli, bakery, great espresso bar drinks and more!

212.875.1267

FREE DELIVERY